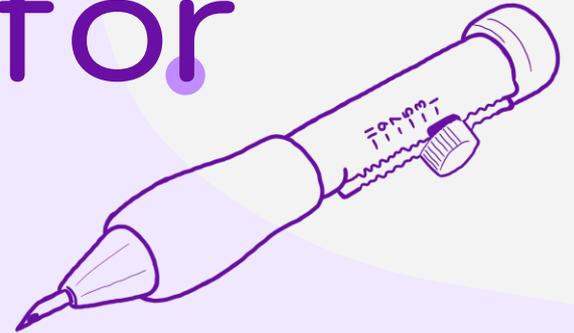


A Step by Step Guide
2020



Punch Needle for Beginners



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A Step by Step Guide
Aida Zeki
2020

This guide was created specifically for the “Magic Embroidery Pen & DyerClub Crafts’ Punch Needle Kit”

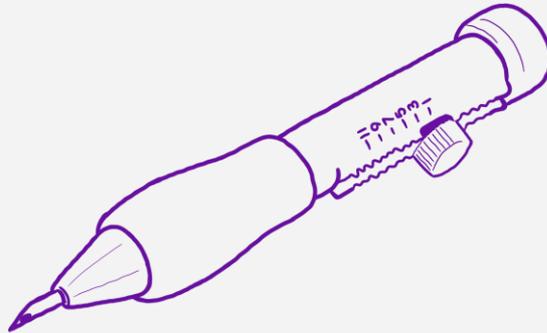
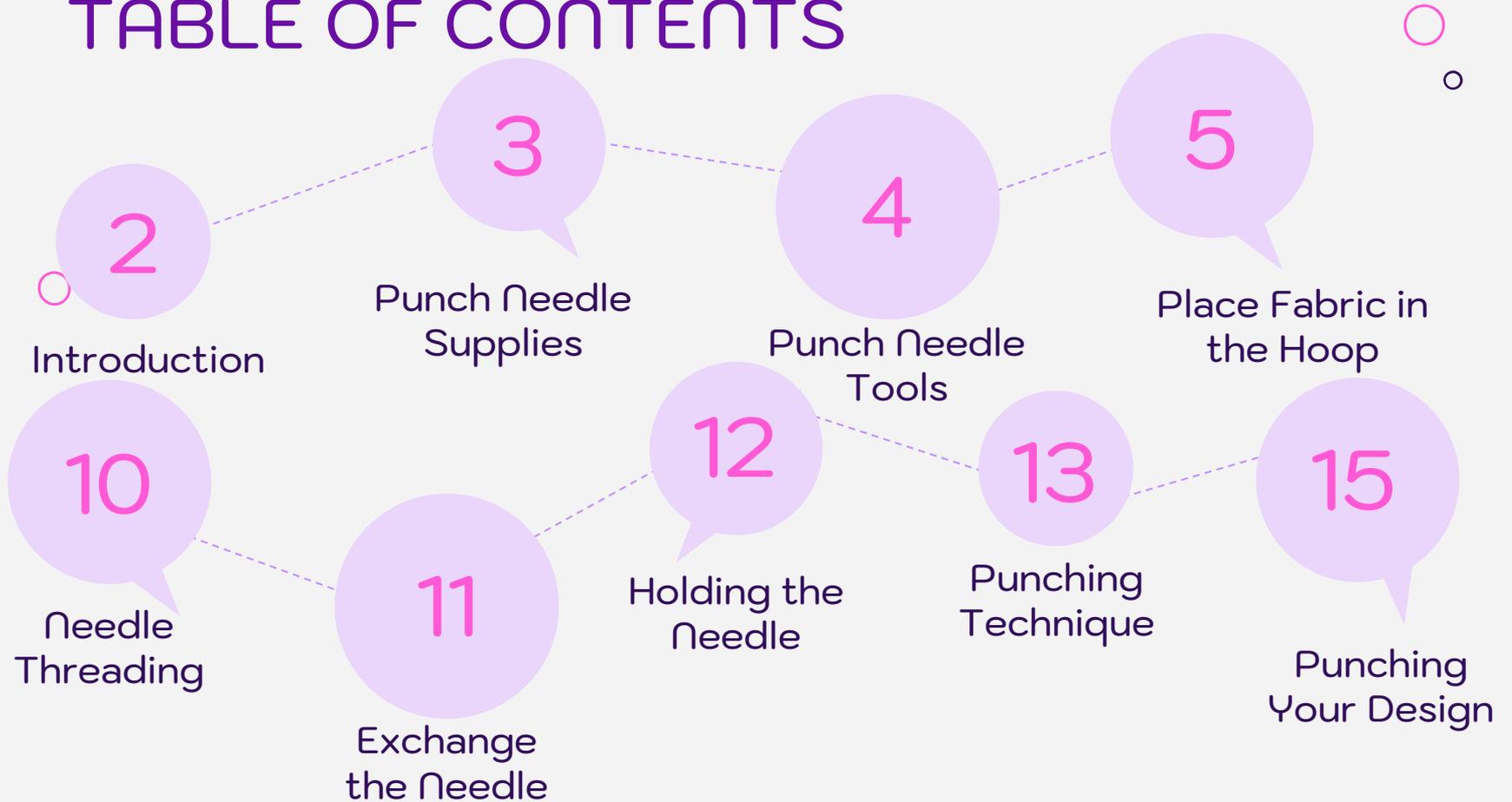


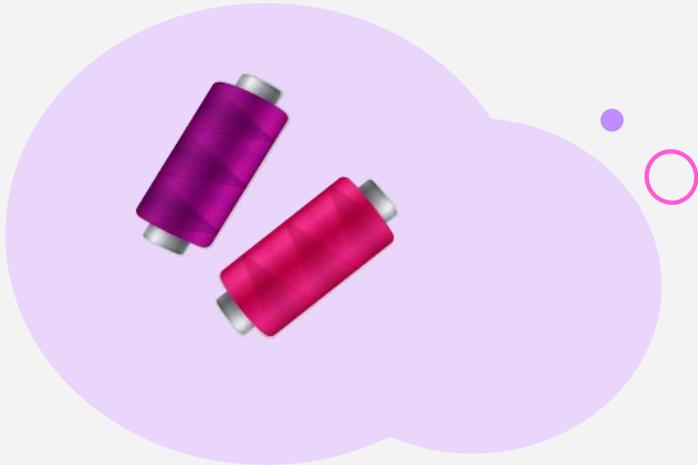
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“A person who never made a mistake never tried anything new.”



—Albert
Einstein



Introduction

Punch needle embroidery is a member of the rug hooking family, it's often referred to as painting with thread. With punch Needle, your punch tool pierces the fabric on one side and makes a loop on the other side.

Typically, projects are worked from the back where stitches look like embroidery, while the front side with loops looks more like a hooked rug. Some artists prefer to switch between the two sides of their work, or may be mix between both sides to create a creative piece of art.



Punch Needle Supplies

The basic supplies a beginner would need to start punch needle are:

Weave Fabric

Hoop

Punch Needle

Punch Needle Threader

Floss or Yarn

Scissors



Place Your Fabric in the Hoop



One of the most basic tools in an embroiderer's toolkit is the embroidery hoop. The hoop keeps the fabric taut as you work, which makes stitching much easier. Learning how to use a hoop is simple, but it's helpful to know how to set up your hoop for the best results. The right tension on the fabric is one of the secrets to perfect embroidery.

Another important Factor is the fabric distortion as; sometimes the fabric will pull on bias, which stretches the materials while in the hoop.

There are different kinds of hoops available depending on your taste and needs. Most embroidery hoops fir together in a similar way, and this is how to get the best results.

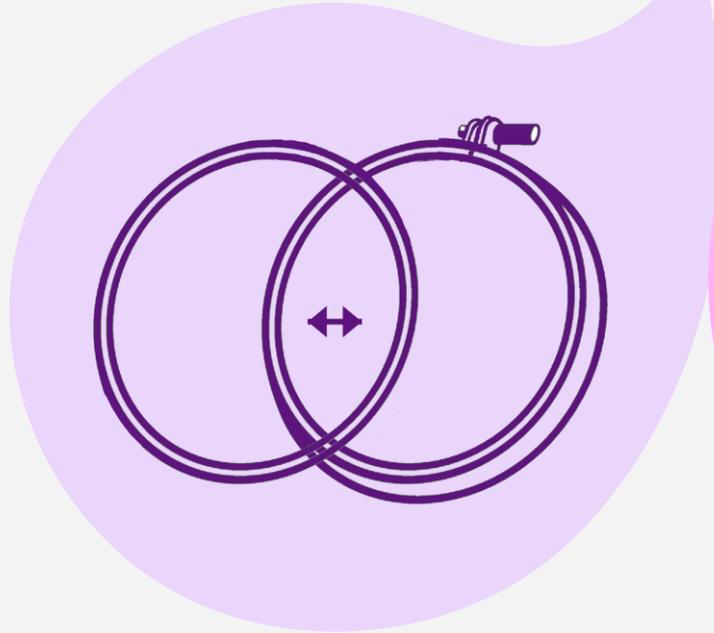


01

Place Fabric in the Hoop

Prepare the hoop's pieces -

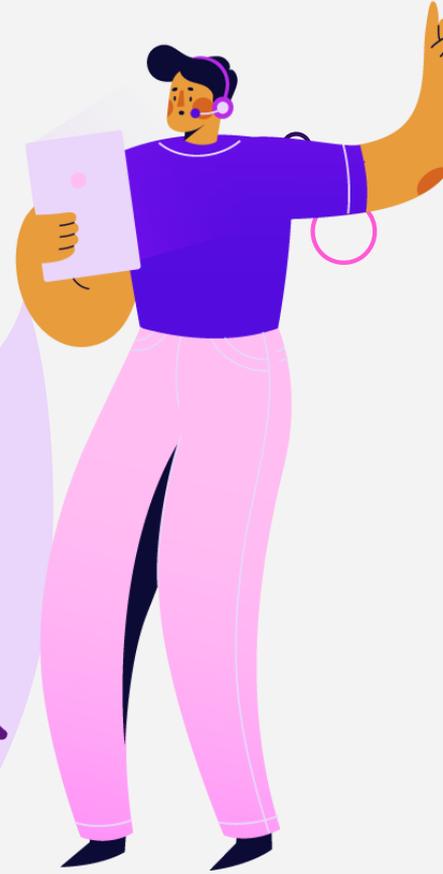
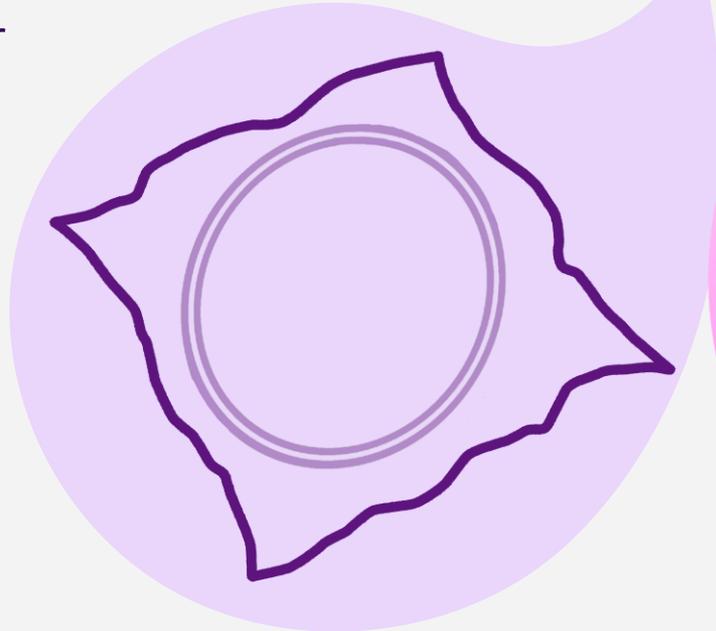
Loosen the screw on the outer hoop. While the pieces of the hoop are together, adjust the screw so that the outer hoop is snug enough to hold the inner hoop in place but loose enough that you can slide the inner hoop out. Now, separate the two pieces of the hoop.



02

Place Fabric in the Hoop

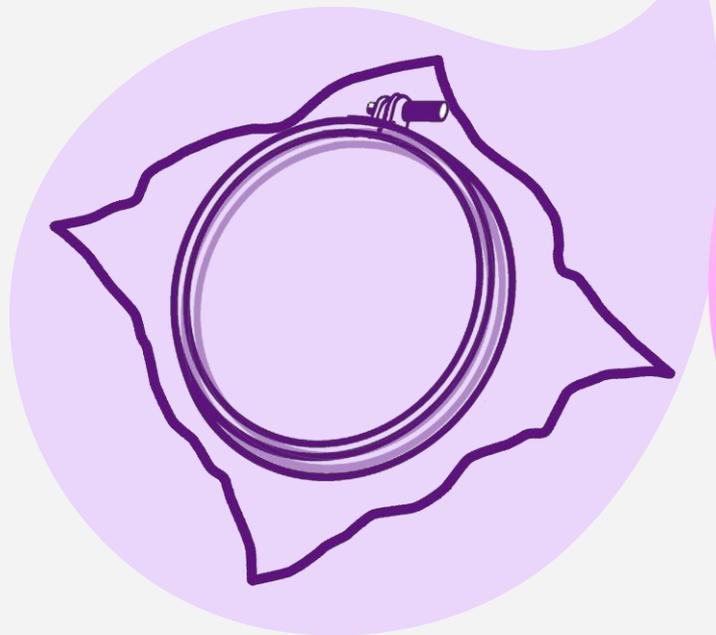
Place the fabric over the inner hoop - Place the inner hoop on a flat surface and lay the fabric over it. It's okay to see the fabric sag into the center of the inner hoop, just try to keep the material squared up to avoid pulling it on a diagonal as you place the outer hoop over the fabric.



03

Place Fabric in the Hoop

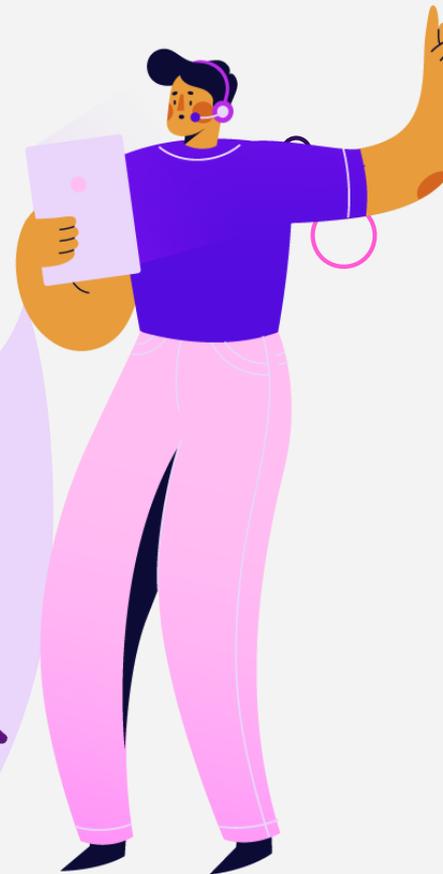
Press the outer hoop in place - Put the outer hoop over the fabric and try to feel where the inner hoop is located and set it over the ring. Use both hands to evenly press the outer hoop down onto the inner hoop. The fabric's tension should already feel fairly tight, if that's what you'd like it, tighten the screw most of the way to hold everything in place. You can go around the edges pulling the fabric tight all the way around. Tighten the screw the rest of the way.



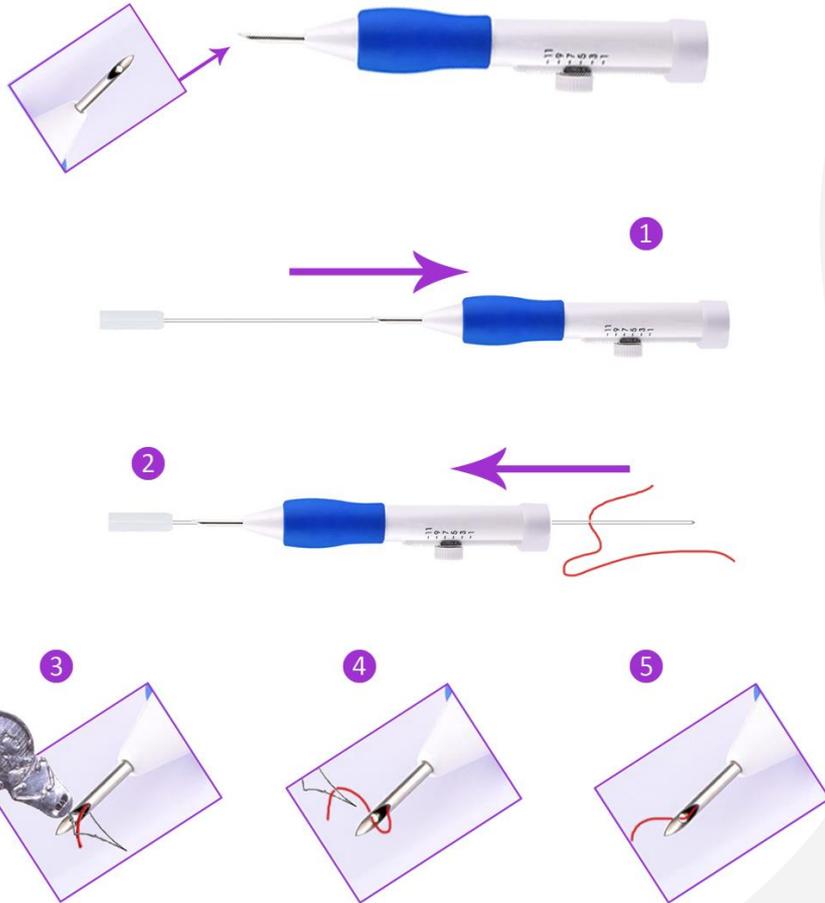
04

Place Fabric in the Hoop

Tips & Tricks – If the hoop feels too tight to push over the fabric and inner hoop, remove it and loosen the screw slightly and try again. If the fabric feels too loose, remove the outer hoop, tighten the screw and try again. The fabric needs to be stretched drum-tight. As you are punching, the fabric tends to loosen over time so, just keep pulling the edges and tighten it back as needed.



Punch Needle Threading



- Insert the threader into the punch needle pen from the needle point through its barrel until it comes out of the opposite side through the cap.
- Insert the thread/yarn into the threader's loop on the opposite side of the pen and pull the threader back out of the needle. Remove the thread/yarn of the threader.
- Insert the threader through the needle's eye from the back side of the needle tip.
- Pass the thread/yarn through the threader's loop again and pull the threader back out of the needle's eye.
- Remove the thread/yarn off the threader. Now, threading is completed.



Exchange the Needle

- Remove the cap.
- Loosen the screw and take the needle out.
- Hold the needle's head in one hand and the needle's body in the other hand, twist the needle to release it from the joint. Replace with the desired needle size.
- Twist back the new needle and secure it in place.
- Insert the needle back into the barrel and tighten the screw at the desired length.

Tip

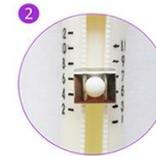
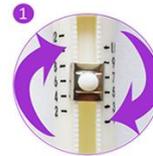
- If the needle is not staying in place while punching, loosen the screw and rotate the metal piece in 90 degree to have it sitting on the barrel's track teeth.



1



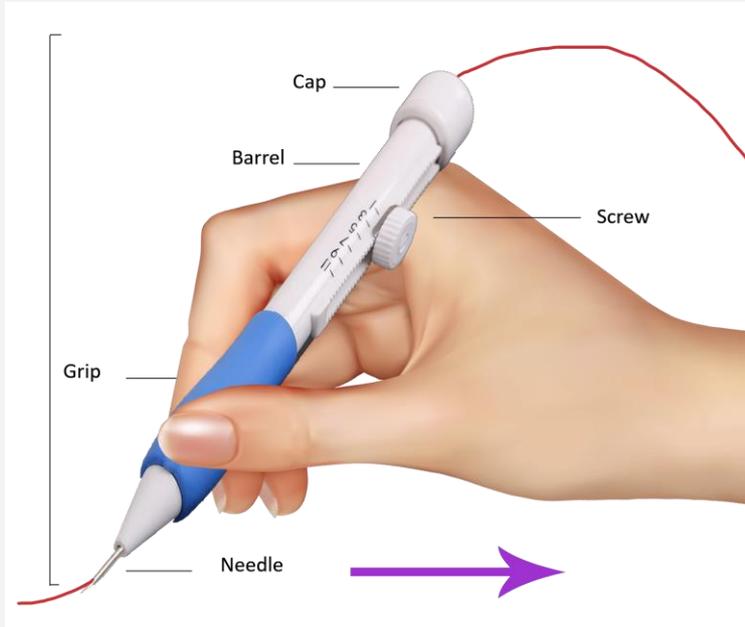
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Holding the Needle

- Hold the punch needle on its grip.
- Face the needle's front side (Bevel) to your stitches direction and keep it in a vertical position.

01 Punch Needle Pen (Magic Pen)



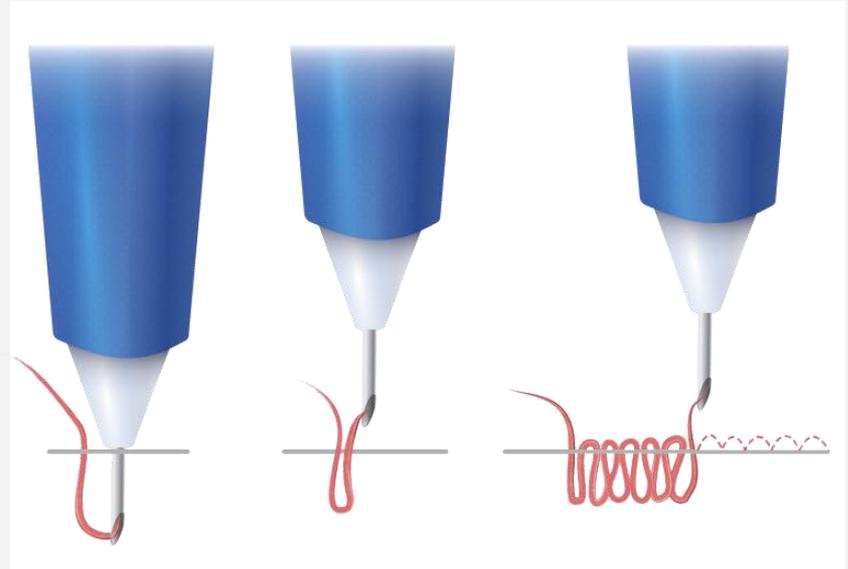
02 Hold it Like Holding a Pen

03 Direction of Stitches

Punching Technique

Now that your thread is in the needle, and you know how to hold your punching needle, you can start punching. But first **read the following carefully**, because if you do not know this, you might think (and many people do think) that **the punch needle doesn't work**.

- Hold your needle as you are holding a pen and start punching. Face the front side of the needle (Bevel) to the direction of your stitches.
- For your first stitch, insert your needle through the fabric and pull the needle up, this will create a loop on the other side.
- Pull the needle out of the fabric just enough to move it over to the next spot. Always, keep the needle as close as possible to the surface of your fabric.



Punching Technique



- Gently graze the needle over the fabric and punch, repeat!
- To change directions, keep your needle in the fabric and turn the hoop as needed.
- Repeating the process will result in a line of flat stitches on the surface of the fabric facing you and small loops on the other side.
- Continue filling in your design by following your outline on the fabric.



Tips & Tricks

- Tension and even stitches are the key to a great project.
- Don't pull the thread too high off the fabric, you might end up with bubbly looking stitches on the back (the side facing you) or may be undo the stitches you already made.
- The thread should be able to pass freely through the needle (not obstructed) for example, using a bulky thread/yarn for the size of the needle you are working with. Obstructed thread leads to uneven/neat loops and may be causes your thread to come off the fabric stitches due to lack of thread. Keep enough slack in your thread while punching.
- Punching too close or too far apart stitches causes the piece you are working on looking bulky and won't lay flat once completed.
- If you made any mistakes, gently pull the thread off the fabric to undo the work.



Punching Your Design



Punching the Outlines

- On the outlines of any shape, you want to make shorter/closer stitches to get a solid looking shape.
- Start punching in one corner, pull the thread down towards the loops side of the fabric and pull the needle back up, slide it over a stitch width and punch again.
- Continue punching along until you reach the end of the line.
- Once you come to a corner, punch the needle all the way down and turn the hoop/fabric to change directions.
- Keep punching around the shape until you finish the outline of the shape.

Punching Your Design

Filling the Shapes

- To fill the shape, some artists prefer to go around the shape from outside in, others will go line by line until the shape is fully covered.
- As mentioned before, the filling stitches will be longer than the stitches on the outline of the shape were.
- Keep the rows close to each other and keep going.
- Check the loop side every now and then to make sure there aren't any gaps or mistakes. If you found any, just go back and add a few stitches in those areas or pull the thread out off the fabric to undo the odd-looking stitches.
- Continue punching around until the whole shape is filled in.
- Once you are done punching, punch the last stitch through the fabric and hold, cut the thread at the same height as the loops.
- Pull the punch needle out the fabric. YAY! You are done now!



Patterns



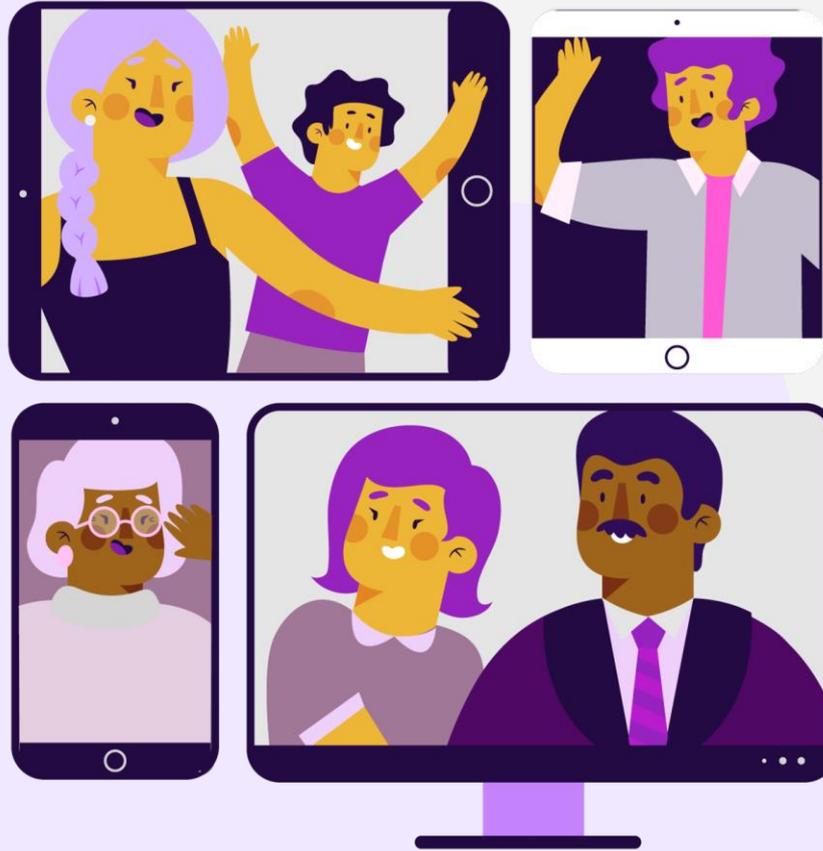
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- Keep punching around the shape until you finish the outline of the shape.
- Download your free pattern [here](#)



My 1st try
ever with
punch
needle 😊

○ ●
A Picture Is Worth a
Thousand Words!
○ ●



THANKS!

Do you have any questions?

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